

# NEBRASKA OES NEWS

Volume 15 Number 3 ~August, 2014

*"Music of the Stars"*



## Jottings from Jan

Please make the following changes in your "Grand Officers and Standing Committees" booklet that you received last month. Kathy Hartmann serving on Benevolence email address is [doxie2mom@gmail.com](mailto:doxie2mom@gmail.com). Please remove Donn Bieber from the Board of Directors at the MESH. The new member on the board is Mr. Thomas Hauder, Past Grand Master. Please remove Mary Louise Gillispie as the contact for NE Job's Daughters as the new secretary is Denise Hamilton.

### *OES Express*

Golly! I have had my maintenance completed and picked up several passengers to attend DeMolay Conclave. What a great group of young men! I was pleased many of our Eastern Star members were aboard.

I will be picking up speed as I travel to the Area Visitation in Seward on July 18 then on to Plattsmouth and Brownville Saturday, July 19. Hopefully, I will have quite a few on board at our stop in Plattsmouth for a Reception for Sister Barb Davenport, Grand Esther.

The week-end of July 25<sup>th</sup> I'm headed north to Brookings, South Dakota for the 5 State Gathering. Maybe I'll pick up some people from other Grand Jurisdictions that will be attending. Wouldn't that be great! Hope they have a train yard in Brookings for me to stay.

The OES Express is headed to Norfolk and Ainsworth for Visitations then on to the International Peace Gardens on August 8-10. I sure hope to meet many other Sisters and Brothers. I know some of you will be in Fremont to attend the annual Children's Home 4-H Achievement Day the same week-end. Ron Giesselmann looks forward to seeing many of you there. Sorry I can't give you a ride.

My wheels are really turning fast to pick up passengers to head to Wyoming Grand Chapter August 13<sup>th</sup> then back to western Nebraska for Visitations. The countryside should be beautiful. My travels take me to so many wonderful places across the state.

I better keep thinking "I know I can, I know I can" with the Nebraska/Kansas Exchange and Visitations. The train yard is probably planning on the OES Express to be in the yard on Labor Day for maintenance so I'm ready for the next travels.

There are lots of things planned so watch for me so I can stop for you. Come on aboard!

## GENERAL GRAND CHAPTER YOUTH COMMITTEE

At the All Committee Meeting last fall, we were asked to submit an article for the OES News. I signed up for May and here I am in August so maybe that tells you that time got away from me....again. But I do have a message and appreciate the opportunity to share it.

I am honored to be the Chairman of the Youth Committee of General Grand Chapter appointed by Most Worthy Grand Matron Bobbi White. We serve during the 2012-2015 triennium. We are a committee of twelve after the recent untimely loss of one of our committee members from Connecticut. Each member was assigned several jurisdictions to visit during the triennium. I have attended Grand Chapters in Nebraska, Kansas, South Dakota, and North Dakota with Wyoming still to visit. I have visited other Grand Chapters including those of some of the Youth Committee Members.

Our Committee will be in charge of a Youth Program at General Grand Chapter in Pittsburg in November 2015. Having worked on a unity program given at Grand Chapter in May and featuring all three of the Nebraska Masonic Youth Groups, I didn't plan it at the time but realized as our youth presented the program that I have the basis for our GGC program.

The GGC Youth Committee has had an article in each issue of the Eastern Star Journal. We also are selling luggage tags which you will find on the sales table at the Grand Officer visitations. The tags are \$5 and the profits are sent to GGC to be distributed to the international levels of Rainbow for Girls, Jobs Daughters and DeMolay. Since I also wear a Rainbow Supreme Deputy hat, I know how much these contributions are needed and appreciated.

As a GGCCM I am a recipient of courtesies generously provided by our Grand Chapter and warm welcomes wherever I visit. I thank each and every Nebraska Eastern Star member for the privilege of being your representative and for being able to support a cause so near and dear to my heart--our Masonic Youth. ~Betty Garwood PGM

Attention General Grand Chapter OES Journal Subscribers and all those interested in a subscription: due to Fall 2013 and Winter 2014 issues not being published all current subscriptions will be increased to

include two additional issues. Subscription costs are \$15.00 for one year and \$26.00 for two years. Sister Billie Mattern is our GGCCM on the Eastern Star Journal Committee. You can download the form off the website.

### Masonic Youth Leaders for 2014-2015:

**RAINBOW:** Pamela McLeod, Grand Worthy Advisor from Lincoln.

**JOBS:** Rebecca Bless, Grand Bethel Honored Queen from Lincoln.

**Allegra Hardin**, Miss Nebraska Job's Daughter from David City.

**Jamie Horstman**, Miss Nebraska Congeniality from Nebraska City.

**DEMOLAY:** Maximillion Carter, State Master Councillor.

Congratulations to our Masonic youth on very successful sessions. A special thank you goes out to all of our adults that work with these wonderful young people. What an excellent job you are doing as witnessed by those of us who attended the Grand Bethel, Grand Assembly and Conclave this summer. Special thanks to our members who are the state leaders of these youth organizations. Job's Daughters: Sister Deanne Grant, Grand Guardian (189); Brother Bob Foreman (8), Associate Grand Guardian. Rainbow for Girls: Thelma Domingo (250), member of the House of Gold; Betty Garwood, PGM (301), Supreme Deputy in Nebraska. DeMolay: Mike Stuhr (299), Executive Officer in Nebraska. If you have members in your Chapter who serve as youth leaders in any way, please recognize them. Thanks to all of you who are helping organize the Youth Leadership Conference in Kearney, September 27 and 28. Support the youth in your community and encourage them to attend the Youth Conference!

## Multiple Sclerosis (Special Project for 2014-2015)

### 4 Types of Multiple Sclerosis:

*Relapsing-Remitting Multiple Sclerosis (RRMS)* – People with (RRMS) experience clearly defined attacks of worsening neurologic function. These attacks, which are called relapses, flare-ups, or exacerbations, are followed by partial or complete recovery periods (remissions), during which no disease progression occurs. Approximately 85% of people are initially diagnosed with RRMS.

*Primary-Progressive Multiple Sclerosis (PPMS)* - The disease course of (PPMS) is characterized by slowly worsening neurologic function from the beginning with no distinct

relapses or remissions. A person's rate of progression may vary over time, with occasional plateaus or temporary improvements, but the progression is continuous. The rate of progression may vary over time, with occasional plateaus and temporary minor improvements. Approximately 10% of people are diagnosed with PPMS.

*Secondary-Progressive Multiple Sclerosis* - Following an initial period of RRMS, many people develop a secondary-progressive disease course in which the disease worsens more steadily, with or without occasional flare-ups, minor recoveries (remissions), or plateaus. Before the disease-modifying medications became available,

approximately 50% of people with RRMS developed this form of the disease within 10 years.

*Progressive-Relapsing Multiple Sclerosis (PRMS)* - (PRMS) is a relatively rare course of MS, with approximately 5% of sufferers being diagnosed. People experience steadily worsening disease from the beginning, but with clear attacks of worsening neurologic function along the way.

*In all that you do, honor those who came before you, respect those who serve with you, and inspire those who come after you.*






## THE "NOTE" WORTHY CALENDAR



**(As space permits in the newsletter - I will try to list your Chapter Events)**

**PLEASE SEND INFORMATION TO BE INCLUDED IN THE SEPTEMBER NEWS BY AUGUST 15**

- |            |  |   |
|------------|--|---|
| Aug 9      | 4-H Achievement Day at the Children's Home, Complimentary BBQ at noon, 4-H program at 1:30 pm, Ice cream treats after program at approximately 3:00 pm   |   |
| Aug 9      | Martha Washington Fish Fry, 4:30-7:00, \$9.00, 4430 N 70 <sup>th</sup> St, Lincoln   |   |
| Aug 8-10   | General Grand Chapter International Peace Garden Triennial Pilgrimage  |   |
| Aug 13-16  | Wyoming Grand Chapter in Casper  |   |
| Aug 22-23  | NE/KS Exchange at Papillion and Kansas City, KS  |  |
| Aug 23     | Please note the Vesta Chapter #6 dinner has been cancelled   |   |
| Sept 8     | 13 <sup>th</sup> Annual Masonic Charities Golf Tournament in North Bend, contact Bev Donham, PGM 402-558-9032 or Dee Schuetz, PGM 402-504-4570, Supports Masonic Charities of 1) NE Masonic Home, 2) Masonic-Eastern Star Home for Children and 3) NE Masonic Foundation, \$125 per person, including cart and dinner. Open to the public, women and youth. Donations appreciated. |   |
| Sept 13    | Martha Washington Fish Fry, 4:30-7:00, \$9.00, 4430 N 70 <sup>th</sup> St, Lincoln   |   |
| Sept 17-20 | Colorado Grand Chapter in Denver   |   |
| Sept 27-28 | Masonic Youth Leadership Conference in Kearney at the Holiday Inn  |  |
| Sept 28    | Masonic Home Caring Club Dinner  |   |
| Oct 5      | Trinity #299, Steak Fry 4:00-7:00 pm, 2424 S 135 <sup>th</sup> Ave, Omaha  |   |
| Oct 9-11   | South Dakota Grand Chapter in Pierre   |   |
| Oct 13-15  | Missouri Grand Chapter in Columbia   |   |
| Oct 23-26  | Iowa Grand Chapter in Altoona at Adventureland   |   |

**Enclosed with this OES News:**

❖ **Secretaries will find the 2015 Dues Receipts in this mailing**

**Visit us on the web at [neoes.org](http://neoes.org). See the Eastern Star Calendar by clicking on "Calendar"**

**Become a friend on Facebook at Nebraska Eastern Star**

**Call the Grand Chapter Office: 402-727-8644 or 800-832-9320**

**We are here to help you in any way we can!**